

**The approach we are providing is as follows (information gathered from several professional sources and CDC guidelines):**

- 1, If the player has COVID and tested positive they cannot return to play till 10 days symptom free.
2. If the team trained with this player within a two day period of the player testing positive, then all players and coaching staff that had contact need to quarantine from the team for 10 days or test negative 5-7 days after contact with that COVID Player.
3. If a family member tests positive, but the player does not have any symptoms, then the same as 2 above applies. The player should quarantine for 10 days or test negative 5-7 days after contact with the COVID positive family member.